



Senior Year - c/o 2026



Table of Contents



06

College & Career



Contract/Resources

Senior Portraits

Grad Requirements

Sober Grad



Senior Events

<u>Tips</u>



<u>Finances</u>

10 Questions





01

Intros



Mr. CRAIG GRIVEL

MONTEREY TRAIL HS Activities Director



Ms. BAILEY GREEN

MONTEREY TRAIL HS Senior Class Advisor



Mx. TRANG TRAN

MONTEREY TRAIL HS Yearbook







Aubrey Tuyen
Senior
Vice President



Natividad Mundo Sober grad Payment plan



Emily Tu Senior President



Leila Goldwire Senior Publicity



Maya Morales Vazquez
Senior
Treasurer



Jaydiem Muyco Senior Secretary

Ms. Lara Ricks

MONTEREY TRAIL HS PRINCIPAL





TBD

MONTEREY TRAIL HS VICE PRINCIPAL

Dr. Charles
Thatch
MONTEREY TRAIL HS

VICE PRINCIPAL





Ms. Anahi Perez

MONTEREY TRAIL HS VICE PRINCIPAL

Dr. Elizabeth
Villanueva
MONTEREY TRAIL HS
VICE PRINCIPAL







TBD

MONTEREY TRAIL HS Site Controller



MONTEREY TRAIL HS College and Career Tech





M. Jones

MONTEREY TRAIL HS Registrar

C. Matthews

MONTEREY TRAIL HS College and Career Tech









Ms. Hanh Tran
MTHS Counselor
A-At & Data



Dr. Deisy Padilla MTHS Counselor Muo - N & AVID



Ms. Hien Chan
MTHS Counselor
Au-Fam & ABSS



Ms. Jennifer Cooper

MTHS Counselor

O-Son & DHOH



Mr. Bai Zhen
MTHS Counselor
Fax-Lax & Level 2



Ms. Elizabeth Ng
MTHS Counselor
Soo-Z & Level 3



Ms. Adrianne Simon - Carlson MTHS Counselor Lay-Mun, PALSS, & Advocacy



Ms. Perla Gaines

MTHS Counselor

College and Career







Contacts and Resources



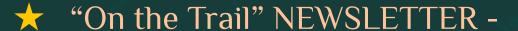
MONTEREY TRAIL WEBSITE - Senior Resources Page





Students/Families >





- Sent out weekly on Synergy via Mrs. Ricks
- ★ MONTEREY TRAIL BULLETIN -
 - Daily Bulletin
- ★ SYNERGY -
 - ParentVue & StudentVue Messages





O @mthsco2026

SENIOR RESOURCES

- > Cap and Gown
- > Sober Grad
- > Graduation Information
- > EGUSD Senior Central
- > Senior Awards
- > Senior Parent Meeting Presentation
- > Transcripts





Senior Portraits (Yearbook)



Mx. TRANG TRAN

MONTEREY TRAIL HS

Yearbook



Senior Portraits



Portraits must be taken by *Nov 1, 2025* to be in the Yearbook.

CHECK SYNERGY
EMAIL FROM MX.
TRAN FOR
ADDITIONAL
INFORMATION

Prestige Website



GET INSPIRED

GET PREPARED

OUR LOCATIONS

SHOP

HELP

Please call 916-535-7799 to book your in studio photography session

All locations > 3159 Dwight Rd

GRAD PHOTOGRAPHY

Elk Grove, CA Prestige Photography Studio

SHOP NOW

GET DIRECTIONS

CONTACT US

- 3159 Dwight Rd, Elk Grove, CA, 95758
- (877) 825-7922
- Help

STUDIO HOURS

Click here to make your appointment

PHONE SUPPORT HOURS

Wed 9:00 AM - 4:00 PM

~

SCHEDULE YOUR APPOINTMENT

STUDIO PHOTOGRAPHY

If your photography session is set in a studio location you will need to schedule your session here.

SCHEDULE STUDIO SESSION

SCHOOL PHOTOGRAPHY

Taking photos at your school instead? <u>Schedule your in-school photograhy session here</u>.







Senior Events



Mr. CRAIG GRIVEL

MONTEREY TRAIL HS Activities Director



Ms. BAILEY GREEN

MONTEREY TRAIL HS Senior Class Advisor

***Dates & times subject to change



AUGUST EVENTS

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
*	×	13	**	**	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31





GIDDY UP

4 pm - 7pm MP Room



FIRST DAY All Day



SUNRISE 6:30 AM Stadium



Senior Parent Meeting 6:30 PM Main Gym



Welcome Back ASSEMBLY **GYM**



BBQ Leader TRAINING 5 pm - 8pm MP Room





SEPTEMBER EVENTS

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

- 2 Labor Day- No School
- PARKING SPOT PAINTING

 8:30 AM 3:30 PM
- Parent Financial Aid Info
 6:30 PM 7
- 19 ASB MOVIE NIGHT



OCTOBER EVENTS

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
•		1	1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		

CASH FOR COLLEGE

10/22 6 PM to 8 PM @ the MTHS Library

- SENIOR TRIP

 11am-10pm
- 9 & 10 FINALS
 All Day: Finals Schedule
- START OF TERM 2

 All Day; Reverse Minimum Schedule
- FALL RALLY
 Rally Schedule
- 20 24 SPIRIT WEEK ALL WEEK LONG
- FALL HOCO GAME & PARADE
 4th period & 6:30 pm; MT Stadium
- FALL HOCO DANCE
 7:00 PM 10:00 PM; on campus
- 2 & 30 FOOD FAIRE 1 & 2

 During Lunch; on campus
 - 3 FAMILY LUNCH DAY

 During Lunch; on campus



NOVEMBER EVENTS

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

- 1 SENIOR PORTRAIT DEADLINE
- 11 Veterans Day- No School











DECEMBER EVENTS

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				









JANUARY EVENTS

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	









FEBRUARY EVENTS

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

- 9 Lincoln's Birthday- No School
- 13 WINTER RALLY Rally Schedule
- 16 Presidents Day- No School
- FAMILY LUNCH DAY
 During Lunch



MARCH EVENTS

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					







APRIL EVENTS

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			





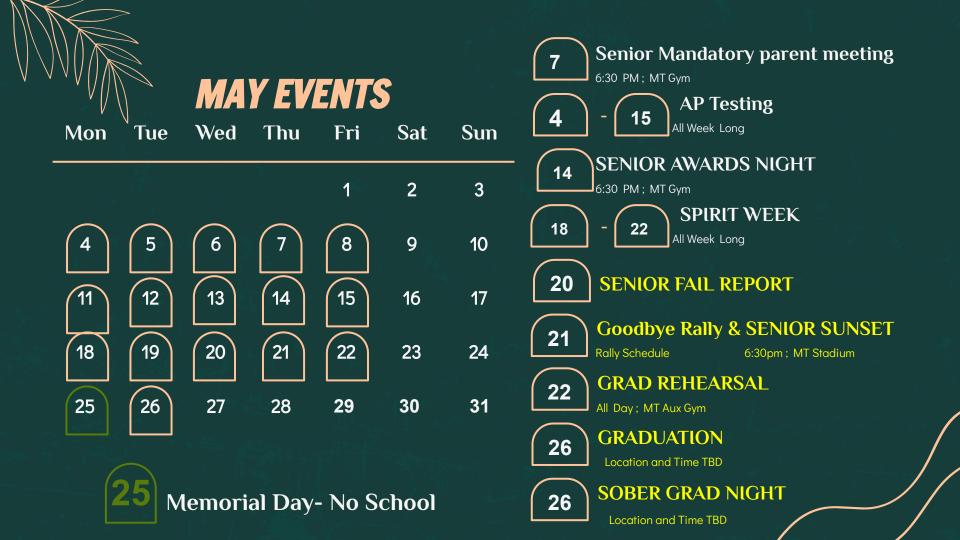






distribution

TBD







Finances





Mr. CRAIG GRIVEL

MONTEREY TRAIL HS
Activities Director

TBD

MONTEREY TRAIL HS Site Control



My School Bucks

All transactions/purchases for products/services/etc from MTHS or EGUSD are run through the online System.

SIGN UP OR CHECK ON YOUR

ACCOUNT TODAY

SENIOR PACKAGE (2026)

- 1. ASB Card \$40
- 1. Senior Sun Shirt \$10
- 1. Senior Class Shirt \$15
- 1. Senior Trip *\$80*
- 2. Senior Yard Sign \$10
- 2. Senior Ball \$90
- **3**. Yearbook \$75

- → Full payment or 1st payment of \$145 due by Sept 5th, in order to participate.
- 2nd payment of \$100 due by Nov 7
- → 3rd (final) payment of \$85 due by Jan 16, 2026



Yearbook Sr Supplement - \$10

TOTAL: \$330

*SAVE \$55

c/o 2026 SENIOR SHIRTS



ADDITIONAL ITEMS

Vendor

Items

MTHS/EGUSD

AP Tests (MSB) - \$99 per test or free with waiver

-Deadline for registration and payment 11/7.

NEW!!! If payment is not received, exams will NOT be ordered.

***Graduation Tickets - 6 Free, \$10 for any additional ***If at Golden1 Center

Jostens

Cap, Gown, & Tassel - \$28 - \$42 (Loaners Available)

Announcements - \$37.50 - \$150

Class Ring - \$79 - \$1000

College Board

SAT Tests - \$68 or free with waiver

ACT

ACT Test - \$65 - \$90 or free with waiver

Various

College Applications - \$70/\$80 - \$150 depending on college

*some waivers available

GRADUATION GOWNS, CAPS, TASSELS



Cap, Gown, & Tassel (UNIT) - \$28 - \$46

- *THE EARLIER YOU PURCHASE THE CHEAPER
- Loaners Available Tassels - \$11 or \$18.75

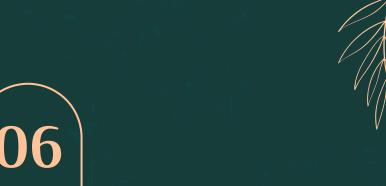




Jostens Monterey Trail HS Website







College and Career *Counseling





DEPART

> Admin

> Staff

> MTHS

Our School

GENERAL INFO

> About Us

> Attendance

> Bell Schedules

Counseling, College and Career Center

> Course Catalog

> Local Control Accountability Plan (LCAP)

> School Site Council

Library

The mission of the MTHS Counseling Department is to promote life-long learning and a successful transition from high school to postsecondary opportunities. Counselors help address the diverse, cultural, and academic needs of ALL students.







hgtran@egusd....



MRS. HIEN CHAN Au-Fam & ABSS Co-Lead Counselor

hpchan@egusd....



MR. BAI ZHEN Fan-Lax & ILS School Counselor

bzhen@egusd.n...



MRS. SIMON-CARLSON
Lay -Mun &
PALSS
School Counselor

asimonca@egu...



Dr. Deisy Padilla Muo-N & AVID School Counselor

dpadilla@egusd...



MRS. JENNIFER COOPER O-Son & DHOH School Counselor

jbcooper@egus...



MRS. ELIZABETH NG Soo-Z Co-Lead Counselor

eng@egusd.net



MRS. PERLA GAINES College & Career Counselor

pgaines@egusd....

Student Services Contact Information

Phone: (916) 688-0055

Please fill out a counselor request to make an appointment.

Schedule Changes are now CLOSED

FALL TASKS

- ☐ Senior Conferences begin in September
- ☐ Check GPA on StudentVUE under Course History
- Track A-G requirements/four year college eligibility *check CaliforniaColleges.edu app in EGUSD Portal
- Attend College/Career Fairs, meet with college representatives, military recruiters, etc.
- ☐ Apply for colleges by signing up for application workshops
- Complete Financial Aid Application
 - ☐ FAFSA or CADAA
 - **■** *EGUSD submits the Cal-Grant GPA Verification for seniors each Spring





FAFSA and CADAA opens In <u>OCTOBER</u>

Free Application for Federal Student Aid (FAFSA)

California Dream Act Application (CADAA)

The College and Career Center Team will support students in completing their FAFSA or CADAA.

FINANCIAL AID PREPARATION

- ☐ Make a folder with all the information for student access
 - Have a copy of 2024 tax forms
 - Social Security Number (SSN), if applicable
 - High school transcript with name that matches student's SSN
- ☐ Check Synergy emails regularly for any school, college, financial aid, scholarship updates and career exploration opportunities.



CASH FOR COLLEGE WORKSHOP

- Registration link for the event will be announced, promoted and made available in the Fall.
- Students/families will receive step-by-step directions to complete the FAFSA or CADAA.
- Language assistance will be available in multiple languages (Spanish, Vietnamese, more if needed.)

MONTEREY TRAIL HIGH SCHOOL OCTOBER 22ND , 2025 6:00-8:00PM MTHS LIBRARY







GRAD REQUIREMENTS

*Counseling

Graduation Requirements (Policy 6146.1) + Validating Experience (next slide)

Subject	EGUSD/Monterey Trail Requirements
English	40 Credits
Mathematics & Science	40 Credits of Math to include Math 1 AND 20 Credits of Science to include Physical and Life Science OR 30 Credits of Math to include Math 1 AND 30 Credits of Science to include Physical and Life Science
Social Science	35 Credits: including World Geography or Ethnic studies, World History, US History, American Government, & Economics. (*Ethnic Studies is required for the Class of 2029 and beyond)
Physical Ed	20 Credits
World Language & VAPA	10 credits of World Language and 10 credits of Visual & Performing Arts; OR 20 credits of the same World Language
Health	5 Credits
Technology	5 Credits or Proficiency Test
Elective Credits	35 Credits
Total Credits Req	<u>220</u>

BOARD POLICY (Policy 6146.1)



Validating Experience

- EGUSD believes it is important for students to validate their educational experience and demonstrate College and Career Readiness. In order for students to demonstrate College and Career Readiness, and <u>graduate</u> from EGUSD, students must pass ten (10) credits in one (1) of the following in their Senior Year:
 - AP/IB Course;
 - JROTC Senior Course;
 - AVID Senior Seminar;
 - Math Course; or
 - Career Technical Education (CTE) Capstone Course;
- Alternatively, seniors may also demonstrate College and Career Readiness and graduate by the following:
 - Meeting UC/CSU A-G requirements; or
 - Earning a Seal of Biliteracy.

BOARD POLICY (Regulation Policy 5127)

Achievement

- To participate in the high school graduation ceremony, a student must earn 35 out of 40 credits in the 3rd and 4th terms at block-schedule high schools.
- Seniors must <u>pass</u> 12th grade English, Government, Economics, and complete a Validating Experience.

Unpaid Damages

In cases where a senior student has willfully damaged, or otherwise injured the property of the District, or failed to return the property of the District that has been loaned to the student, that student may be denied the privilege of participating in the graduation ceremony until the student or student's parent or guardian has paid for the damage or replacement costs of the District's personal property.

BOARD POLICY (Regulation Policy 5127)



Good Citizenship/Discipline

- A senior student who receives an off-campus suspension from school in the second semester or 3rd and 4th terms of the school year will be notified in writing that if a second off-campus suspendable offense occurs, he/she may not be allowed to participate in the graduation ceremony.
- Any senior student who receives an off-campus suspension within the last 20 school attendance days prior to the date of graduation may be denied the privilege of participating in the graduation ceremony, even if that off-campus suspension is the student's first off-campus suspension during his/her senior year.
- If a student receives an off-campus suspension that falls on the day of graduation practice or of the graduation ceremony, that student will not be allowed to participate in graduation.

Participation in Grad Ceremony

In addition to the prior slides information, more details about participation will be sent out in January and reviewed at the spring Mandatory Senior Parent Meeting on May 7, 2026 at 6:30 p.m.





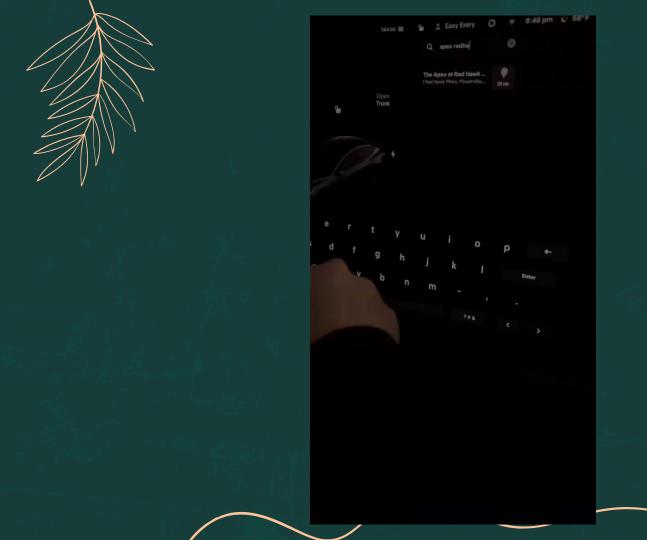






SOBER GRAD NIGHT

*Sober Grad Night Committee







- Sober Grad Night is an elaborate all-night party of thrown each year on the night of graduation exclusively for the graduating class.
- This evening of fun is put on solely by volunteer parents, CHP officers and community members

Why is Sober Grad night so important?

- 9% of high school students reported binge drinking during the past month.
 - More high school girls drink alcohol and binge drink, compared to high school boys.
- About 16% of high school students reported riding in the past month with a driver who had been drinking alcohol.
- About 5% of high school students who had driven in the past month said they drove after drinking alcohol.
- *Data from CDC Website- Underage Drinking
- 66.5% of 12th graders don't think it's very risky to try a prescription narcotic other than heroin (codeine, Vicodin, OxyContin, Percocet) once or twice.
 - 26% of 12th graders have used illicit drugs in the last year.
 - Underage drinking contributes to the 3 leading causes of death among persons aged 12 to 20 years
 - o (unintentional injury, homicide, and suicide).
- Marijuana today is much stronger than it used to be.
 - o In 1995, it had about 3% THC (the chemical that causes a high), but by 2021, that number jumped to 15%. This higher potency increases the risk of serious mental health issues for teens, including psychosis and severe mental illness.

^{*}Copyright © 2025. Natural High

What can you do??????

Students

Purchase your ticket early! Don't wait until the deadline.



1st Meeting

Monday Aug 25th @ 6pm Activities Classroom

Parents

Volunteer with the Committee Multiple ways to help with a variety of time requirements All Help is Helpful!!!!



Contact

mthssobergrad@gmail.com

Other Volunteer Opportunities . . .

Events

For the clearance for you are welcome to simply put MTHS Senior Events in case you are interested in more than one, and it will cover all events

- Senior BBQ Friday 8/29 7:30am 4pm (shifts available)
- Senior Parking Spot Sat 9/13 8am 4pm (shifts available)
- Senior Trip Sat 10/4 11am 10pm *must commit to all day/whole event
- Senior Ball Sat 4/18 5:30pm-11pm (shifts available)
- Senior Sunset Thurs 5/21 6:30pm-8:30pm

Process for clearance

- Print and Fill out/complete the INTERNAL VOLUNTEER REQUEST FORM
- Bring the completed printed form to the school main office
- Submit form to school secretary for Admin approval/signature- wait for signed form!
- Once you have the signed form contact EGUSD Fingerprinting to make an appointment <u>Website</u> with more information.

If you have any questions or need additional help please contact VP Dr. Villanueva or

Chavonne Watson Parent Liaison in FACE - Family and Community Engagement
*Please note this process can take weeks to fully complete and finalize. If you are interested
in supporting in any senior events we strongly recommend completing the clearance proc







09

TIPS

Name match - can check with registrar

- The full name (middle initial ok) on your Social Security Card should match your transcript/ Synergy & birth certificate.
- Important for college apps, FAFSA, and scholarships

✓ Spreadsheet - of usernames, passwords, and pins (SSN)

Lots of accounts senior year for students & parents

✓ Stay in the loop

MTHS Website Senior Resources, Synergy, On The Trail Newsletter, & Instagram

✓ <u>Term 4 grades/progress reports</u>

- Avoid D's or F's on your term 4 progress reports in order to access your graduation tickets as soon as they are available.



QUESTIONS?

Thanks!

IF ANY QUESTIONS COMES UP PLEASE FEEL FREE TO CONTACT US!!!

@MTHSCO2026 on INSTAGRAM



